



We're the people who make life better.

**VILLA CAPRI AT VARENNA WINS PRESTIGIOUS  
"TOP PROJECT IN THE NORTH BAY AWARD"**

SANTA ROSA, CA – (January 2008) – Villa Capri, the Aegis Signature Living residential community, was recently recognized by the North Bay Business Journal as one of its "Top Projects In the North Bay" for 2007. The annual award recognizes exceptional new commercial real estate projects in the North Bay area for their outstanding features, contribution to the business community and innovation in their individual category.

Villa Capri was recognized in the Senior Living Communities Category for a project designed exclusively for seniors who need personalized assistance or who may require memory care. Villa Capri, the newest addition to the company's Varenna Mediterranean-style retirement community in Santa Rosa, opened in May 2007. The upscale community includes 41 assisted-living units and 19 memory-care units that range in size from studio apartments to one- and two-bedroom units.

The award was accepted December 8<sup>th</sup> in Petaluma at the gala dinner celebration by Villa Capri executive director Sonia Chahal-Singh. "Villa Capri and its owner, Varenna Assisted Living LLC, are extremely proud to be recognized by our peers as a first rate Senior Housing Project. Oakmont Senior Living, owned by local developer William Gallaher has once again proven their excellence as a builder".

This vibrant community includes a business center, indoor and outdoor swimming pools, a spa and salon, fitness center and movie theater. Residents can enjoy the special hydrotherapy "Bathtique" tubs, participate in Tai Chi and yoga instruction, take part in pet classes, enjoy visiting bands and musical groups or participate in cooking demonstrations by the culinary director in the sophisticated Palermo dining room. The smaller Milano dining room can be reserved for private parties and family guest meals. Weekly housekeeping is also provided along with concierge and valet services.

"Villa Capri offers those age 60 and above an opportunity to enjoy independent resort-style luxury accommodations as well as personal support when it comes to doing the everyday things of life," said Sonia Chahal-Singh, executive director of Villa Capri. For those needing memory care, Villa Capri has an innovative center, called Life's Neighborhood, staffed with personnel who can administer a

variety of techniques designed to ease the uncertainties associated with both long-term as well as short-term memory loss. Life Skills Stations are used to display vintage clothing along with art deco knick-knacks, kitchen appliances, utensils and other nostalgic items of yesteryear. Life Haven provides residents with multi-sensory stimulation and enhancement through structured activity programs involving music appreciation, art projects and tactile experiences.

### **About ÁegisLiving**

ÁegisLiving is a national leader in retirement and assisted living, offering a progressive selection of senior residences to meet the growing needs of today's aging population. Providing the finest in senior lifestyle and living options available, "We're the people who make life better" emphasizing health, quality of life, well being and community. The residences include Signature Living, independent living, assisted living, Memory Care for individuals with Alzheimer's and other forms of memory loss, as well as short term, rehabilitative and vacation stays. ÁegisLiving is guided by a simple philosophy: strive to treat all people with the highest possible standards. Founded in 1997 and headquartered in Redmond, Washington privately held ÁegisLiving operates 32 communities in Washington, California and Nevada. More information about ÁegisLiving is available at [www.AegisLiving.com](http://www.AegisLiving.com).

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