Quail Ridge Senior Living

Menu

Daily Breakfast

Prunes, Grapefruit, Cottage Cheese, Mixed Fruits

Juices
Prune, Apple, Orange, Cranberry, Tomato

Cereal
Corn Flakes, Raisin Bran, Rice Crispy, Bran Flakes

Hot Cereal
Oatmeal, Malt-O-Meal, Cream of Wheat, Old Fashioned Oats

Breakfast Breads
4 Types of Toast, English Muffins, Bagels, Raisin Toast

Griddle
Egg Du Jour

French Toast with Maple Syrup

Fresh-made (Not Frozen) Waffles

Lunch

Prime Rib

Baked Potatoes

Mixed Vegetables

Dessert
Chocolate Eclair

Supper

Shrimp Louie Salad

Honey Wheat Dinner Roll

Dessert
Raspberry Peach Crisp

Alternate Plates

Ham or Turkey Sandwich

Scrambled Eggs

Fruit w/ Cottage Cheese or Yogurt

Hamburger or Cheeseburger

Grilled Cheese

BLT

Baked Salmon

Chef Salad

Egg Salad Sandwich

Baked Chicken Breast

Tuna Melt

Macaroni & Cheese

Baked Potato

Tuna Sandwich

Veggie Burger or Veggie Platter

French Fries