

Tickets for bipolar expert Dr. Kay Jamison event now half-price

A generous donor, who wishes to remain anonymous, has made a sizeable donation to the California Bipolar Foundation to help offset the price of tickets for the upcoming Dr. Kay Jamison event. Tickets originally selling for \$300 are now available (in limited quantities) for \$125.

Dr. Kay Redfield Jamison and artist Miguel Cordera will come together on Friday, Sept. 4, for a very special evening. During a gourmet dinner, Jamison and Cordera will discuss "Celebrating the Artistic Temperament." It is the grand finale of a three-day Contemporary Art Fair held at San Diego's luxury hotel The Grand Del Mar.

Kay Redfield Jamison Ph.D. is a clinical psychologist and writer who is one of the foremost experts on bipolar disorder, having suffered from the illness since she was 17. She is professor of psychiatry at the Johns Hopkins University School of Medicine and is an honorary professor of English at the University of St Andrews.

Jamison began her study of clinical psychology at University of California, Los Angeles in the late 1960s, receiving both B.A. and M.A. degrees in 1971. She continued on at UCLA, receiving a Ph.D. in 1975, and became a faculty member at the university. She went on to found and direct the school's Affective Disorders Clinic. It was during her time at UCLA that Jamison's manic depression took serious hold of her life and helped determine her career path.

Jamison is the co-author of the standard medical text on bipolar illness, and author of several other books, including *An Unquiet Mind*, *Night Falls Fast*, *Exuberance*, *Nothing Was the Same*, and *Touched with Fire: Manic-Depressive Illness and the Artistic Temperament*, a book that examines the relationship between bipolar disorder and artistic creativity.

Miguel Angel Cordera is one of Mexico's most respected and talented artists. He attended the Universidad Iberoamericana in Mexico City studying graphic design, while simultaneously studying Visual Arts at the National Academy of Art, "San Carlos" in Mexico City. Cordera has also taken art courses at RISD in Providence, R.I.

Since 1998 he is completely devoted to art and runs a gallery space in Mexico City with other artists. His work has been shown in Mexico, United States, France, Germany, Poland, Egypt and other countries.

Miguel Angel was diagnosed with bipolar disorder at the age of 26, like other artists, some of his work regards self portraiture in different moods of the illness. In addition to his art work, he speaks frequently at conferences about art and mental illness.

Tickets originally selling for \$300 are now available (in limited quantities) for \$125. For more information or to purchase tickets please call: 858-342-0327 or email Contact@CaliforniaBipolarFoundation.org

California Bipolar Foundation is a not for profit organization whose mission is to eliminate Bipolar Disorder through the advancement of research; to provide and enhance care and support services for all affected; and to erase associated stigma through public education. For more information: www.californiabipolarfoundation.org



Dr. Kay Redfield Jamison



John Smoot, MD,FACS, Eduardo Sanchez, head tennis pro, Rancho Valencia; Laura Farmer Sherman, executive director, Susan G. Komen for the Cure San Diego; Jamie and Tony Carr, San Diego Self Storage; and Mark Ley, director of sales, Rancho Valencia.

Breast Cancer Pro-Am check presentation

Rancho Valencia, an Auberge Resort, hosted a fundraising Pro-Am Tennis Tournament on April 25 that benefitted both the Mammogram for Tecate Project and Rally for the Cure®. A portion of the event proceeds in the amount of \$2,200 was presented to

G. Komen for the Cure® San Diego Affiliate on Aug. 14. Primary event sponsors that participated in the presentation included representatives from Rancho Valencia, San Diego Self Storage and the Plastic Surgery Practice of Dr.'s John and Wendell Smoot. www.mammogram4tecate.org.

RSF Library offers a variety of fall events

We are so excited to start off the new school year with a new purpose and new programs. During the school renovation we will be thrilled to act as the school library. Make sure you have library cards for all your young readers. Also, we will offer new reading club programs for all ages.

See you in the Library.

Monday Read to Feed Book Club @ 3:30 p.m.

Ages 4 to 8 will study one author for the month. September's author will be Stan Berenstain and the wonderful Berenstain Bears.

Monday Teen Artist Cards @ 3:30 p.m.

Teens create the popular "artist cards." This will be a great Library/School project. Contact the Youth Services Desk (858) 756-2512 for more information.

Tuesday Preschool Story Time @ 12:30 p.m.

- September 1 – School
- September 8 – Books & Reading
- September 15 – Aloha Day
- September 22 – Birthdays
- September 29 – Fall

Thursday - Craft Afternoons @ 3:30

Every 2nd and 4th Thursday
September 10 – Rosh Hashanah Craft
September 24 – Hand Painting Craft

Friday - Read to Feed Book Club @ 3:30

Ages 8 and up will study a popular series for the month. September's series will be Must sign-up at Youth Services Desk.

Saturday – Reading Buddies from 2 to 4 p.m.

Any age reader can spend time in the library reading to a volunteer. This is a great time to get in that extra reading. Must sign-up at Youth Services Desk.

YOU'RE INVITED!

COMPUTER CLASSES

with Kathy Jung
INTERNET BASICS:
SEPT. 10 / 10 to 11 a.m.
EMAIL:
SEPT. 24 / 10 to 11 a.m.
For more information call (858) 756-2512

RSF BOOK CLUB

SEPT. 11 / 2 TO 3 P.M.
BOOK DISCUSSED
EMBERS BY Sandor Marai
ALL ARE WELCOME

YOGA

with Sandy Levin
Fridays - Sept. 11, 18, 25
10 to 11 a.m.
ALL LEVELS
ALL ARE WELCOME

Nancy McTigue
ARTIST RECEPTION
Saturday, Sept. 17
5 to 7 p.m.
ALL ARE WELCOME

MARK YOUR CALENDARS!

**Friday – Sunday,
October 16 – 18
PAGE ONE:
Celebration of Reading Festival**
Author signings, panels and presentations
@ 4 locations: Encinitas, Vista,

34th Annual Harvest Festival returns to Del Mar Fairgrounds

The 34th annual Harvest Festival will be held at the Del Mar Fairgrounds Oct. 23-25.

The event features handmade, high-quality art and crafts, gourmet food, live entertainment, and fun for the whole family.

For more information, call (415) 447-3205, or visit <http://www.harvestfestival.com>



Auction Lot #253 Warhol Superman

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