



Country Club Village

Gracious Retirement Living

Enjoying Life - Enriching Lives - Living Well

1925 Malvern Avenue • Hot Springs National Park, AR 71901 • (501) 624-6435
www.seniorlivinginstyle.com



Country Club Village

1925 Malvern Avenue
Hot Springs, AR 71901
(501) 624-6435

Buddy and Marsha Mahurin

Managers

Bennie and Ruthie Kunkel

Assistant Managers

William Brown

Executive Chef

Staff

Sharon Breshears Office Manager
Toni Bradley Activity Director
Tricia Tedford Head Server
Sherry Cockman Head Housekeeper
Jay Cox Head Maintenance
Bill Kincaid Bus Driver

October 2009

Happy Birthday

09 Georgial Freet
11 Win Bowman
15 Herman Gasbarre
16 Mae Maulding
17 Jimmy Jones
19 John Emmanuel
20 Stephan Kobiella
22 James Jones
25 Elsie Pointer
26 Pauline Emanuel
27 Marge Fehlhaber

Anniversaries

26 Fred & Patricia Kuykendall
28 Hollis & Virginia Harrington

New Residents

310 Teresa Dellunto
28C Fred & Patricia Kuykendall
27B Delores Chrisos
205 Georgial Freet

Employee Birthdays

20 Sherry Cockman
23 Kenneth Forrester

Labor Day



Pat Holihan & Friends



Labor Day Festivities

We had Pat Holihan and Friends eat with us and entertain us on Labor Day. Everyone enjoyed his group so much. We had nearly 60 people in attendance. We also had displays of Arts and Artifacts in the morning that day. We had 10 contributors: Mary Turek's sweet gum ball creations, hand work by Luise Oelschlaeger, knitting and crochet by Charlotte Hendrin, carvings by Fran Wright's husband, a collection of Mini Dolls from McDonald's by Selma Nix, Rosemary Hirsch brought her thimble collection, crafts of Toni Bradley, Dinks Atkinson brought her hats, Horns and Instruments by Win Bowman and her prayer caps, musical instruments and horns, and a pillow from Stella Terry.



HEALTH & FITNESS

We are going to have a massage therapist for \$10 for 10 minutes. We are working on getting a hearing specialist to come share with us, and a podiatrist as well as a dentist and a doctor to talk to us about diabetes. We are going to focus on health and fitness and wellness in October.

We are going to start a walking club with goals for you to reach and get Money for. You will have to let us know how long you walk or how far and we will recognize and reward that.

We are also going to begin keeping a list of the books we read and will have some folks in to share with us books they have written. We have some authors right here, and we are bringing in a young woman to talk about Hot Springs' history.

We are continuing to have our three exercise classes and will also give you a chance to record your time in the fitness room and earn money for it. Lots of good, healthy stuff in October.

"Those shoes were made for walking."
— The Walking Club



Wit & Wisdom



HILDA MARTIN IS RESIDENT OF THE MONTH

Hilda J. Martin, Apt. 304 is our resident of the month for October. Hilda is 102 years old and has lived in our community for five years. She was born in Commerce, GA and attended school in Athens, GA. Hilda has lived in Hot Springs since her husband's Aunt Millie died in 1949 and her rooming house was sold. The property was sold at auction, and Hilda outbid everyone and became the owner. Her rooming house is located at 411 Pleasant and she is still the owner. Hilda's rooming house has 14 rooms, seven up and seven down. She came here to help her husband's family, and she has done that well.

Hilda's mother was Helen Johnson, and when she gave birth to Hilda, her godmother, Nelly Palmer, was there and named her Hilda and kissed her immediately. She lived to be 115 years old. Hilda has a picture of her mother and her godmother on

the wall in her living room. It is a beautiful photograph of these two wonderful ladies.

Hilda has two sons, Bob Johnson of Connecticut and Billy D. Martin of San Diego, CA. Her grandson is a minister in Pine Bluff after having served as a pastor in Little Rock for 13 years. On the occasion of her 100th birthday she was given a Capitol Citation by Charlie Daniels, a letter of congratulations by then-governor Mike Huckabee, and she received a letter from the White House signed by William (Bill) Clinton. She has these special remembrances on her wall in her room. Hilda has been involved with the Martin Luther King Celebration in Hot Springs every year since its inception. She has been a member of the Women's Republican Club of Garland County since its formation. She is a member of the United Methodist congregation here. She is not able to attend regularly but still enjoys it when she can. She will be 103 on Nov. 8.

"October is not only a beautiful month but marks the precious—yet fleeting—overlap of hockey, baseball, basketball and football."

—Jason Love

"The fewer rules a coach has, the fewer rules there are for players to break."

—John Madden

"There isn't a single professional sports season now that doesn't go on at least a month too long. Baseball starts in football weather, and football in baseball weather, and basketball overlaps them both."

—James Reston

"The trouble with referees is that they just don't care which side wins."

—Tom Canterbury

"We didn't lose the game; we just ran out of time."

—Vince Lombardi

EXERCISE

8:20 a.m., M-S

9 a.m., M-F

11 a.m.,

Tue & Thurs



Cookie Monsters

10 a.m./3 p.m.



FUNNY MONEY BINGO

Tues. & Fri 10 a.m.

Wheel of Fortune

Mon. 1:15 p.m.

Game Challenges -

Monday PM,

Tuesday Aft,

Friday PM



Razorback Red Fri.

Sunday

Monday

Tuesday

Weekly Transportation: 9:00 a.m. & 1:15 p.m. Mon., Tues., Thur., Fri. ***** Mon. 1:15 Cornerstone Mall Tue. 1:15 Walmart/Grocery Thur. 1:15 H.S. Mall Fri. 1:15 Walmart/Grocery		
4 1:00-Cards 1:15-Movie 3:30-Sunday Devotional by Hot Springs Baptist Church 6:00-Beanbag Baseball, SR	5 8:20-Exercise, \$ 8:40-Hymn Sing w/Gerry SD 9:00-Strength Training, \$ 11:00 - Kitchen Band 1:00-Poker 1:15 Wheel Of Fortune 5:45-Skip-Bo 6:00-Game Night w/Buddy & Marsha \$\$\$\$\$\$	6 8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Funny Money Bingo 11:00 Exercise \$ 1:15 Spelling Bee I Words \$ 3:30 Game Challenge w/Toni 6:00 Games in SD Room
11 GRAND RE-OPENING 1:00-Cards 1:15-Movie 3:30-Sunday Devotional by Cal Golden, SR 6:00-Beanbag Baseball, SR	12 8:20-Exercise, \$ 9:00-Strength Training, \$ 11:00 - Kitchen Band Practice 1:00-Poker 1:15 Wheel Of Fortune 5:45-Skip-Bo 6:00-Game Night w/Buddy & Marsha \$\$\$\$\$\$	13 8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 11:00 Exercise \$ 1:15 Let's See Hot Springs \$ 3:30 Game Challenge w/Toni 6:00 Games in SD Room
18 1:00-Cards 1:15-Movie 2:00- "Nonsense" (Pocket Theater) 3:30-Sunday Devotional by Lakeside Baptist Church 6:00-Beanbag Baseball, SR	19 8:20-Exercise, \$ 9:00-Strength Training, \$ 11:00 - Kitchen Band Practice 1:00-Poker 1:15 Wheel Of Fortune 5:45-Skip-Bo 6:00-Game Night w/Buddy & Marsha \$\$\$\$\$\$	20 8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 11:00 Exercise \$ 1:15 Bring Your Handwork or Project to Work on Together 3:30 Game Challenge w/Toni 6:00 Games in SD Room
25 1:00-Cards 1:15-Movie 3:30-Sunday Devotional by Lakeside Baptist Church 6:00-Beanbag Baseball, SR	26 8:20-Exercise, \$ 8:40-Hymn Sing w/Gerry SD 9:00-Strength Training, \$ 11:00 Kitchen Band 1:00-Poker 1:15 Wheel Of Fortune 5:45-Skip-Bo 6:00-Game Night w/Buddy & Marsha \$\$\$\$\$\$	27 8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Funny Money Bingo 11:00 Exercise \$ 1:15 Join Us for Singing Christmas Carols to Go Caroling in December 3:30 Game Challenge w/Toni 6:00 Games in SD Room

Calendar of Events

Wednesday	Thursday	Friday	Saturday
	1	2	3
	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 SHOW & TELL 6:00 BINGO SD Room	8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 12:00 Name Badges \$ 1:15 New Residents/Welcome Club Mtg. 6:00 Game Challenge Bennie & Ruthie RAZORBACK RED!!	8:20 - Exercise \$ 1:00 - Mexican Train 1:00 - Scrabble 6:00 - BINGO SR 6:00 - Cards
7	8	9	10
8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games \$ 11:00 Colton's for Lunch 6:00 BINGO SD Room	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 New Residents Tea 6:00 BINGO SD Room	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Funny Money Bingo 12:00 Name Badges \$ 1:15 Go out on the Bus to See Colors and Have Ice Cream 6:00 Game Challenge Bennie & Ruthie RAZORBACK RED!!	8:20 - Exercise \$ 1:00 - Mexican Train 1:00 - Scrabble 6:00 - BINGO SR 6:00 - Cards
14	15	16	17
8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games \$ 11:00 Olive Garden for Lunch 1:15 Janis Percefull, Author/Historian 6:00 BINGO SD Room	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 Activity w/Toni 6:00 BINGO SD Room	8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 12:00 Name Badges\$ 1:15 Explore Gulpha Gourge & Make S'mores 6:00 Game Challenge Bennie & Ruthie RAZORBACK RED!!	8:20 - Exercise \$ 1:00 - Mexican Train 1:00 - Scrabble 6:00 - BINGO SR 6:00 - Cards
21	22	23	24
8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 Let's Visit China! 6:00 BINGO SD Room	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 Spelling Bee 6:00 BINGO SD Room	8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 12:00 Name Badges\$ 1:15 Spelling Bee \$ N Words 6:00 Game Challenge Bennie & Ruthie RAZORBACK RED!!	FALL COLOR CRUISE ON THE ARKANSAS QUEEN \$38.03 per Person. Lv: 8:00 am Rtn: 3:30 PM Includes Lunch & Bingo if You Want. 8:20 - Exercise \$ 1:00 - Mexican Train 1:00 - Scrabble 6:00 - BINGO SR 6:00 - Cards
28	29	30	31
8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games \$ 11:00 Resident Meeting 1:15 Lu Otto Photographer Presents "Birds of the Village" Don't Miss This Presentation 6:00 BINGO SD Room	8:20 Exercise \$ 9:00 Strength Training \$ 10:00 Wii Games 11:00 Exercise II \$ 1:15 Activity w/Toni 6:00 BINGO SD Room	8:20 Exercise \$ 8:40 Hymn Sing w/Gerry 9:00 Strength Training \$ 10:00 Funny Money Bingo 12:00 Name Badges \$ 1:15 HALLOWEEN COSTUME CONTEST 6:00 Game Challenge Bennie & Ruthie RAZORBACK RED!!	8:20 - Exercise \$ 1:00 - Mexican Train 1:00 - Scrabble 6:00 - BINGO SR 6:00 - Cards HAPPY HALLOWEEN

Word Play

My, You're Inquisitive

Looking to stimulate your brain and laugh with friends, no materials required? Try this simple word game for any number of players.

Questions, the name of the game, is fairly self-explanatory. The object is to carry on a conversation using only questions. The game begins when someone asks the first question, traditionally, "Would you like to play Questions?" Play continues until a player fails to reply with a question, instead making a statement.

Some consider hesitation, repetition and asking a rhetorical or unrelated question to be fouls. You can keep score (awarding a point when a player asks a question correctly), or play in a group and remove players who foul. The player or team with the highest point total wins.

"NOSTALGIA" ENTERTAINS US

Two singers, Don Estes and Norman Begin, performing pop songs from the '20s to the present in a legitimate style. Drawing on their many years of experience in New York theater, they also perform Broadway show songs.

Everyone in attendance, almost 70, had a great time.



Dan Utter "The Singing Painter"

Dan sang many songs from his new CD. He joined us on Aug. 19.

DICK EASTER AND HIS WOODWORK

Dick came and shared with us his beautiful wood pieces. They are made of all different kinds of wood from walnut to the exotics. Dick lives in Hot Springs Village and really enjoys his hobby. The bowls and decorative pieces are beautiful.



Dick and one of his bowls.

Dick was here on Sept. 15, and he and his wife, Ro, joined us for lunch.



OUR GRAND RE-OPENING, OCT. 11

We will be inviting many guests to join us in the celebration of our newly remodeled community. Come and join in this special event.



KITCHEN BAND

The Kitchen Band is a fun group of people who like to have fun, like music (especially fun music), and who are not musicians or versed in music but love to have a part in it. Join us in the band and see if you could be one of those fun-loving people who want to have a good time on Monday morning at 11 a.m. Come and give us a try and we will send you out with a special treat.

“Bittersweet October.
The *mellow*, *messy*,
leaf-kicking, perfect pause
between the opposing miseries
of **SUMMER** and **WINTER**.”
—Carol Bishop Hippis

SERVICES

Country Club Village

GUEST APARTMENT

\$60 Per Night

Includes Breakfast

Available by Reservation

Classic Hair Designers

Robert McGrath

Tuesday–Friday—8 a.m. Until ?

Manicurist Available

321-9952

Malls

Hot Springs Mall—Outlet Mall

Thursday - 1:15 p.m.

Cornerstone Mall

Monday - 1:15 p.m.

Transportation Schedule

Doctor Appointments

9 a.m. and 1:15 p.m.

Monday, Tuesday,
Thursday and Friday

Grocery Shopping—Wal-Mart

Tuesday and Friday

1:15 p.m.

Mealtimes and Guest Prices

7:30 a.m., Breakfast, \$5

Noon, Dinner, \$7

5 p.m., Supper, \$5

Guests Welcome By Reservation



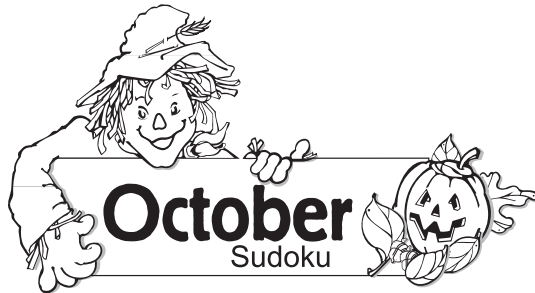
Talk About It

Favorite Fall Memories

Use this discussion topic to reminisce about your past. Talk with your friends about your memories and learn how everyone's experiences were similar or different.

- What were your favorite fall activities growing up? Going on hay rides? Raking leaves (or jumping in them)? Visiting a pumpkin patch? Playing football in the backyard?
- What were some of your favorite fall foods? Homemade apple pie? A big bowl of chili? Hot chocolate with marshmallows? A mug of apple cider?

October 2009



Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9.

Solution:

4	8	5	7	2	6	9	3	1
7	4	2	9	3	8	5	1	6
6	8	9	4	5	1	7	3	2
7	2	4	9	1	3	6	5	8
9	1	6	7	4	8	3	2	5
3	9	8	5	6	2	7	1	4
9	7	3	4	8	5	1	6	2
8	5	1	2	9	6	4	7	3
6	4	2	3	7	1	8	9	5

		2		7		8		
8		1			6			
					5		6	
			5				1	4
5								9
7	2				3			
	3		1					
			8			2		7
		9		2		5		

Country Club Village
1925 Malvern Avenue
Hot Springs, AR 71901
(501) 624-6435